

A Culinary Journey

INCLUDED WITH EVERY LUXURY TAILOR MADE JOURNEY

- O English-Speaking Resident Tour Director and Local Guides
- O Hand-Selected Boutique Accommodations
- O Airport Meet and Greet with Private Transfers
- O Full Breakfast Daily; Select Lunches and Dinners
- O Internet Access
- O Entrance Fees, Taxes and All Gratuities Except Resident Tour Director
- O Guaranteed Departures with Just Two Guests

DAY1 ARRIVAL ROME, ITALY

Arrive at the "Eternal City" of Rome, where you are greeted by your Guardian Angel and transferred privately to your hotel.

First Roman Dolce

Meals:

DAY2 O ROME | EXPLORE YOUR ENDLESS CITY ROAD

Explore Rome from the back of a Vespa, zoom in agile through centuries-old cobblestone streets and alleys. Stop with your culinary expert to visit local shops, bars and markets, learn about Rome's legendary food culture while tasting espresso, authentic pizza bianca and Roman street food. Alternatively, with a private guide, privately explore the city's narrow, labyrinthine streets and wide squares, learn about its storyful fountains and monuments, see a Roman athletic trail and see Bernini's Fontana dei Quattro Fiumi. Continue to the Trevi Fountain and throw a coin to secure your future return to Rome, and then finish at Piazza di Spagna, where the Spanish Steps rise to Trinita di Monti and overlooks Rome's hills and the domed St. Peter's Basilica.

First Roman Dolce Meals: Breakfast, Lunch

DAY3 O ROME | THE PERFECT PIZZA PIE

Master the art of making pizza by wearing an apron, filling your cake and baking in the wood-fire oven with a pizzaiolo as you learn to throw your own dough. Then sit down to lunch that you helped prepare for. Afterwards, take a pre-sunset walk through the lively, artsy Trastevere neighborhood, where an unforgettable food and wine adventure awaits. Browse fresh produce at a local market while tasting local cuisine. Continue to some of the city's most beloved food shops, where you talk to owners who have preserved their culinary traditions for generations.

First Roman Dolce Meals: Breakfast, Lunch, Dinner

DAY4 | FLORENCE | BAKING CANTUCCINI

Private transfer to Rome train station where your pre-arranged train tickets await. After traveling independently to Florence, you will be greeted by your local Guardian Angel and transferred privately to your hotel. Take some time to settle down before lunch and

YOUR JOURNEY



taste a wine at a local enotecada near the Duomo. Continue by walking to a family-run bakery where you make authentic cantuccini (macaroons). Return to your hotel to refresh. Join your Guardian Angel, an expert on local food traditions, for an aperitivo (apéritif) tonight. You can continue eating later.

Hotel Lungarno Meals: Breakfast, Lunch

DAY5 FLORENCE | INTO THE VAL D'ORCIA

Head south to the Val D'Orcia region of Italy, stopping at the biodynamic Podere le Ripi winery led by Francesco Illy from Illy coffee. Tour the winery and see the impressive, versatile vegetable garden before sitting down to lunch with the wine pairings. Continue along the country roads to the picturesque towns of Montalcino and Pienza, with the chance to taste local Pecorino cheese. Return to Florence late in the afternoon.

Hotel Lungarno Meals: Breakfast, Lunch

DAY 6 | FLORENCE | THE HEART OF TUSCAN CUISINE

Start the day at a local food market and stroll him with a local chef who accompanies you from your hotel. After learning about Italian products and ingredients, go to a culinary school in the heart of Florence, where you take a private, hands-on Italian cooking class tailored to your interests and expertise. After you sit down to a meal you've helped prepare, take an afternoon walking tour of the city's beautiful squares, churches, and palaces. Pass the Gothic Cathedral of Santa Maria del Fiore, its dome designed by Filippo Brunelleschi. Next, look at the Galleria dell'Accademia, where you see Michelangelo's David. Admire the medieval, stone Ponte Vecchio bridge and Renaissance Piazza Pitti on the south side of the Arno River before returning to your hotel

Hotel Lungarno Meals: Breakfast, Lunch

DAY7 | BOLOGNA & MODENA | MARKETS AND TASTES AT LA GRASSA

Depart Florence and head to the historic city of Bologna, fondly known as La Grassa (The Fat One) for the hearty, hearty meals that arose here. On arrival, embark on a gourmet adventure in bustling markets such as Quadrilatero, Mercato di Mezzo and Mercato delle Erbe. Stop at some of the city's favorite food shops and stalls to taste mortadella, ciccioli, salsiccia passita, and chocolate. Then, watch a pasta making demonstration and try to make the tortellini with the opportunity to taste your creation. Continue to Modena, where you visit the Museo del Balsamico Tradizionale. Learn about the art of preparing balsamic vinegar; visit acetaia (subject to availability); and sample the thick, salty product directly from the source. Then, venture out into the countryside outside of Parma to settle into your fabulous accommodation set in a 14th-century castle.

Antica corte pallavicina Meals: Breakfast, Lunch

DAY8 O PARMA | MEDIEVAL HERITAGE

Today, discover the extraordinary amenities of your hotel Antica Corte Pallavicina, a gastronomic destination in its own right and a Michelin-starred restaurant. See the medieval meat curing cellar and learn about the precious 15th-century culatello salami, where they have a private museum in-house. Don't miss your chance to eat here; Buongiorno Travel can book before your departure.

Antica corte pallavicina Meals: Breakfast, Lunch

DAY9 PARMA | REGISTERED CITY

Famous for its opera heritage and the extraordinary balsamic vinegar - not to mention Ferrari and Lamborghini sports cars - Modena's historic center is a UNESCO World Heritage Site. Explore the city by visiting the Duomo di Modena, a masterpiece of European Romanesque architecture. Continue to the 12th-century Piazza Grande, Palazzo Comunale, and the Baroque Ducal Modena Palace, home of the Italian Military Academy.

Antica corte pallavicina Meals: Breakfast

DAY 10 O DEPART FLORENCE OR BOLOGNA

After breakfast, transfer to Bologna or Florence airport, where you are greeted and assisted by your Guardian Angel and board your international flight.