

# ESSENTIAL INFORMATION BHUTAN

## PASSPORT AND VISA INFORMATION

Your passport needs to be valid for **at least six (6) months** after your journey ends, and should have a minimum of one (1) blank visa page for entry and exit stamps.

**A tourist visa is required for U.S. and Canadian passport holders for entry into Bhutan and must be arranged prior to departure.** Buongiorno Travel has made arrangements to obtain your visa authorization through our office in Bhutan. In order to obtain this pre-authorization, we require that you provide Buongiorno Travel USA with a scanned, color copy of the identification pages of your passport. Please send this to us via email to by email at: [a.sule@buongiornotravel.com](mailto:a.sule@buongiornotravel.com) no later than 60 days prior to departure. During your journey, an Buongiorno Travel representative will provide you with a visa authorization number prior to boarding your flight to Bhutan. This authorization number enables you to obtain a visa on arrival in Bhutan. The fee for the Bhutan visa is included in your tour cost.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

## VACCINATIONS

There are no required vaccinations to enter Bhutan.

## STAY HEALTHY ON THE ROAD

High altitudes are a feature of travel in Bhutan and you may experience altitude sickness. Please consult your healthcare provider for suggestions on prevention and treatment.

## OF SPECIAL NOTE: SMOKING IN BHUTAN

In Bhutan, tobacco sales are strictly banned. Visitors are allowed to bring up to 200 cigarettes into the country and must declare the cigarettes at the airport and pay a tax of 200%. Carry the tax receipt with as smoking in (allowable) public places without a receipt is subject to a stiff fine. Hotel policies on smoking may differ and it is important to inquire about designated smoking areas/rooms available at your hotel.

## CASH & CREDIT CARDS

Cash transactions can generally be made in either U.S. dollars or local currency, though some smaller shops may require payment in Bhutanese ngultrum. U.S. dollars should be recently issued bills in smaller denominations. Major credit cards are accepted on a very limited basis, mainly only in the largest shops, hotels and restaurants. Access to ATM machines is limited to Paro and Thimphu.

# PACKING LIST & BAGGAGE RESTRICTIONS BHUTAN

## BAGGAGE RESTRICTIONS

Flights to Bhutan have a strict luggage restriction of approximately 44 pounds (20 kilograms) of checked baggage per person in Economy Class and approximately 66 pounds (30 kilograms) in Business Class. Carry-on luggage is limited to approximately 11 pounds (5 kilograms) per person in both Economy and Business Class.

Please use the provided Buongiorno Travel luggage tags, even if your bags already have ID tags. This makes it easier for Buongiorno Travel staff to collect and manage your luggage for you.

## PACKING LIST

Bhutan's varied topography and high altitudes create weather conditions which can change radically in the course of the day and evening. Choose versatile, casual clothing that can be layered if the weather requires. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Temples and other religious sites require modest dress to enter. Guests are advised to pack clothing that covers knees, shoulders, and upper arms for select visits. You may be required to remove shoes when entering sacred sites.

### Clothing

- Casual slacks
- Walking shorts
- Polo shirts, casual short-sleeve shirts or blouses
- Long sleeve shirts or blouses
- Sweater or lightweight jacket
- Long comfortable skirts for women
- Comfortable walking shoes with traction
- Lightweight raincoat or poncho
- Brimmed hat for sun protection
- Sleepwear
- Personal garments
- Socks
- Swimwear/cover-up
- Foldable umbrella

### Other Recommended Items

- Sunglasses
- Sun block / Insect repellent
- Simple first-aid kit
- Prescriptions and medications (in their original bottles and/or packaging)
- Extra eyeglasses/contact lenses
- Smartphone
- Charging cables for electronics
- Global travel adapter

### Optional Items

- Small LED flashlight
- Foldable walking stick
- Lightweight binoculars
- Small daypack or fanny pack

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.

## TIPPING GUIDELINES BHUTAN

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars) depending on the type of journey.

	<b>All Small Group Journeys and Pre/Post Tour Group Extensions</b>	<b>Tailor Made and Signature Journeys</b>
Resident Tour Director or Group Extension Guide	\$15 per person, per day	Not applicable
Local Guides	Included	\$20 per person, per day (full day)
Drivers	Included	\$10 per person, per day (full day)
Airport Transfer Drivers	Included	\$5 per person, per transfer
Hotel Porters	Included	\$2 per bag
Housekeepers	Included	\$2 per person, per night
Included Meals	Included	Included
Restaurants or Room Service on Own	10-15% unless already added	10-15% unless already added

For extra nights or Tailor Made services added to a Small Group Journey, please follow the Tailor Made Journeys guidelines for these days only.