

# ESSENTIAL INFORMATION SEYCHELLES

## PASSPORT AND VISA INFORMATION

Your passport needs to be valid for **at least six (6) months** after your journey ends, and should have a minimum of two (2) blank visa page for entry and exit stamps.

Holders of U.S. and Canadian passports are not required to obtain a tourist visa for entry into the Seychelles for stays of up to 30 days.

A tourist entry permit is issued free of charge upon arrival provided that the traveller in question has a return airline ticket, pre-paid hotel accommodations and sufficient funds for their entire stay.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

## VACCINATIONS

A yellow fever vaccination is only required to enter the Seychelles if you are arriving from, or have transited through, a yellow fever-endemic area in South America or Africa. The CDC and WHO each provide a current list of all affected countries. If vaccination for yellow fever is necessary, you must carry an International Certificate of Vaccination provided by your physician; you may be denied entry without it. If your physician advises against receiving the vaccination because of your personal medical history, he or she can provide you with the necessary documentation for the country/countries you are visiting.

## CASH & CREDIT CARDS

Cash transactions should be made in U.S. dollars. Local currency is of limited use to tourists. U.S. dollars should be recently issued bills in smaller denominations. Major credit cards are accepted at hotels and lodges and larger shops and restaurants. Access to ATM machines is available in larger cities such as Mahe, but limited in rural areas.

# PACKING LIST

## SEYCHELLES

Choose comfortable and casual clothing in natural, "breathable" fabrics and versatile styles that can be layered as temperatures may vary considerably in the course of the day. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

### Clothing

- Casual slacks
- Walking shorts
- Polo shirts, casual short-sleeve shirts or blouses
- Long sleeve shirts or blouses
- Comfortable walking shoes with traction
- If you are travelling during Africa's winter months of mid-May through early September, bring a few items of warm clothing to protect against chilly early morning and evening temperatures
- A pair of rubber beach sandals to use as slippers.
- Brimmed hat for sun protection
- Swimwear/cover-up
- Personal garments
- Sports bra for women for bumpy roads
- Sleepwear
- Socks

### Other Recommended Items

- Sunglasses / Sun block
- Insect repellent with high % of DEET to protect against mosquitos \*
- Prescriptions and medications (in their original bottles and/or packaging)
- Simple first-aid kit
- Extra eyeglasses/contact lenses
- Smartphone
- Charging cables for electronics
- Global travel adapter

### Optional Items

- Small LED flashlight
- Foldable walking stick
- Lightweight binoculars
- Small daypack or fanny pack
- Inflatable pillow or stadium cushion can make bumpy roads more comfortable
- Low-suds detergent for washing small items of personal laundry

\*Note: many properties provide insect repellent in rooms. However you may wish to bring your own preferred brand.

Laundry Service is available at most properties. Because some laundries in Africa do not accept any underclothing, be prepared to wash your own smalls. Laundry techniques may not be suitable for delicate and/or synthetic fabrics. Check costs and return times before using these services.

Please use the provided Buongiorno Travel luggage tags, even if your bags already have ID tags. This makes it easier for Buongiorno Travel staff to collect and manage your luggage for you.

## TIPPING GUIDELINES SEYCHELLES

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars).

	<b>Tailor Made Journeys</b>
Local Guides	\$20 per person, per day (full day)
Drivers	\$15 per person, per day (full day)
Airport Transfer Drivers	\$5 per person, per transfer
Hotel Porters	\$2 per bag
Housekeepers	\$2 per person, per night
Included Meals	Included
Restaurants or Room Service on Own	10-15% unless already added